



RESULTS AFTER 3 MONTHS ON THE SLIMSTYLES WEIGHT LOSS PROGRAM

"I lost over 30 pounds and dropped 4 pant sizes. I've tried everything but nothing else worked. I feel better than I have in years. I have more confidence and my family has really noticed my extra energy. I feel like a new person." — C.O., Surrey

"Finally a diet that works. I've tried low carb diets and low fat diets but none of them compare to SlimStyles. I consistently lost weight, even though I cheated a bit (well maybe more than I would admit). The program is simple and fits right into my busy life. After years of struggling I finally reached my weight loss goals." — C.K., Coquitlam

"I love the way I look! Not only have I lost the weight and kept it off, but my energy levels are better than ever. The SlimStyles program is easy to follow, flexible and practical. The best thing is I didn't feel deprived. I was never hungry and the shakes were great." — R.S., Vancouver

Available at natural health stores.
For more information call toll free 1-800-663-8900
or visit our website at: naturalfactors.com

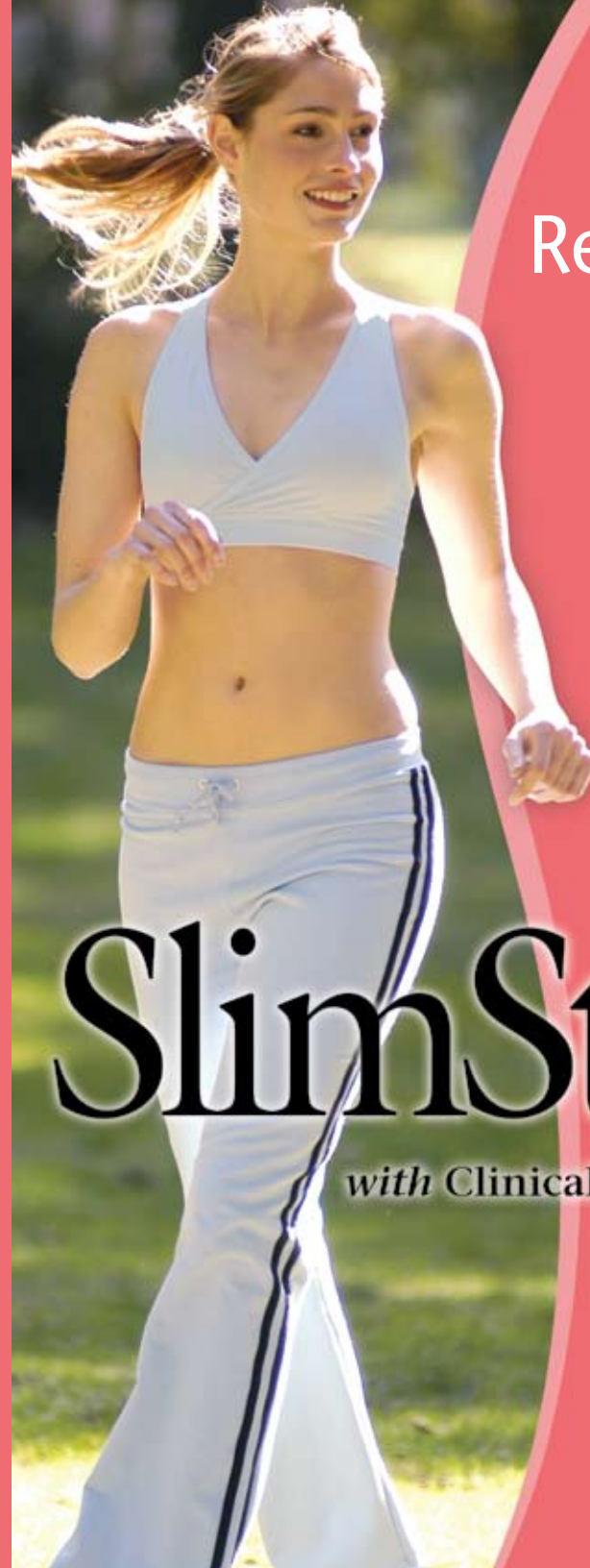
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Meal Replacement Drink Mix



SlimStyles[®]

with Clinically Proven PGX[®]



SlimStyles®

BREAKTHROUGH MEAL REPLACEMENT DRINK MIX:

- Lose fat – not water or muscle – permanently
- Curb appetite and prevent food cravings
- Keeps you full and satisfied for hours
- High nutrition, low calorie
- Regulates blood sugar levels
- Lowers blood cholesterol



There are literally hundreds of diets that claim to be the answer to the problem of obesity. If you are like most people, you have undoubtedly tried many of these diet programs and failed. Take heart! The SlimStyles weight loss program is different than all the other programs. It has been clinically proven, and is a completely safe, natural, and highly effective means to greatly diminish appetite, making it much easier to eat less and lose weight almost effortlessly.

SlimStyles is available in nine natural flavours: Very Strawberry • Double Chocolate • French Vanilla • Rich Mocha • Mango/Peach • Tropical Pina Colada • Orange Cream • Black Cherry Cream • Savoury Veggie.

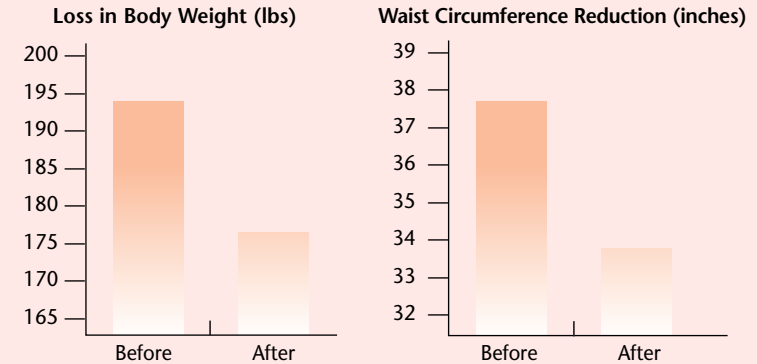
HEALTHY METABOLISM, HEALTHY WEIGHT LOSS

The Canadian Center for Functional Medicine conducted a weight loss trial from December 2003 through February 2004, the most difficult time of year for people to lose weight. Participants following the SlimStyles weight loss program consistently lost up to two pounds per week, which was primarily body fat.* In addition to the loss in body fat, the SlimStyles weight loss program maintained lean muscle mass and did not affect body water levels. The metabolic rate increased, making it is easier to keep the weight off – no “rebounding” effect. Most fad diets and weight loss products fail in the long run because they cause losses in lean muscle mass and water. Such a loss slows the metabolic rate, which later contributes to regaining the lost weight.

*Results may be different for individuals with conditions affecting body weight other than caloric intake, such as hypothyroidism.

SLIMSTYLES REDUCES OR ELIMINATES:

- Hunger pangs
- Rebound weight gain
- Complex meal plans to prepare
- Stress of dieting



REVOLUTIONARY WAY TO ATTAIN AND MAINTAIN IDEAL BODY WEIGHT!

The SlimStyles weight loss program is completely safe, scientifically proven, and naturally effective in helping people attain and maintain their ideal weight without hunger. By greatly diminishing appetite and food cravings, SlimStyles makes dieting much easier and, with several great natural flavours, it even makes dieting delicious!

A KEY INGREDIENT OF THE SLIMSTYLES WEIGHT LOSS PROGRAM IS PGX (POLYGLYCOPLEX®), A HIGHLY SOLUBLE FIBRE, CLINICALLY PROVEN TO:

- Regulate after-meal blood glucose levels
- Increase insulin sensitivity for less fat storage
- Lower blood cholesterol
- Reduce appetite comfortably and safely
- Reduce food cravings
- Increase metabolism

